



T-Trainer Agreement and Certification Form for Additional Program

Submit one form for each Program no later than 1 month from completion of certification requirements

Type directly into this form, save, sign, and email to certification@selfmanagementresource.com

Select ONE additional applicable program* from the following list:

- | | |
|--------------------------------------|---|
| Tomando Control de su Salud | Positive Self-Management Program |
| Diabetes Self-Management Program | Cancer: Thriving and Surviving Program |
| Manejo Personal de la Diabetes | Building Better Caregivers |
| Chronic Pain Self-Management Program | Workplace Chronic Disease Self-Management Program |

* including translations of these programs

The Self-Management Programs listed above ("Program(s)") were originally created by Dr. Kate Lorig, Diana Laurent, and Virginia González at Stanford University to teach patients how to manage their health in the face of challenges to their health. Stanford Patient Education Research Center is now Self-Management Resource Center (SMRC).

SMRC-licensed organizations presently conduct training sessions for health care professionals and non-professionals to become Program Leaders and Master Trainers. Program Leaders are qualified to guide patients through the Program; T-Trainers are also qualified to train Master Trainers. SMRC conducts and coordinates onsite and offsite training sessions for health care professionals and non-professionals to become Master Trainers of Program Leaders. T-Trainers are qualified to train Master Trainers only after an apprenticeship with a Certifying T-Trainer.

As a certified T-Trainer, SMRC grants you permission to train Program Leaders and Master Trainers in the additional program listed above for health education purposes, subject to the terms and conditions stated in this document, including that:

1. You may conduct Leader Trainings, Cross-Trainings, Update Trainings and Leader Refresher Trainings without coordinating with SMRC. Before you train any group of Leaders or Master Trainers in the program listed above, you must ensure that all organizations that employ them (regardless of compensation they may or may not receive) have an SMRC program license. No one may come to a Leader Training, Cross-Training, or Update Training from an organization without a license or as an individual working independently. All licenses must be obtained **before** training. Guidelines on what is required of you for Leader Trainings and Master Trainings are outlined below.
2. There must always be 2 active Master or T-Trainers to conduct Leader Trainings, Cross-Trainings and Update Trainings, and 2 active T-Trainers to conduct Master Trainings. See Certification Guidelines for requirements to remain active.
3. All Master Trainings, even for your own organization, must be registered and training fees paid to SMRC at least 2 months before the training. There are no SMRC training fees for Leader Trainings. You may charge individuals whom you train only a reasonable cost-reimbursement fee for your training.
4. While you are granted permission to reproduce copies of the program materials for use in your training, SMRC retains ownership of the copyright to the Programs. You agree that all copies of Program materials contain the appropriate copyright proprietary notice, such as "Copyright © 2012, Self-Management Resource Center, LLC", on the title page of the Program manual. Manuals should be printed as provided by SMRC, with the exception of the cover. Your organization may brand the cover.

5. You may **not** provide organizations that are hosting trainings copies of Leader’s or Master Trainer’s, Cross-Training, or Update Manuals for reproduction. SMRC provides manuals to organizations once they purchase program licenses or pay applicable training fees.
6. You provide Program training at your own risk. SMRC will not be liable for any damages with respect to any claim by you or any third party on account of your conducting of Program training, your use of the Program(s), or your use of the Program materials, and you will indemnify and hold SMRC harmless from any claims related to your conducting of Program(s) training, your use of the Program(s), or your use of Program materials.
7. Except with respect to any copyright notice provided in paragraph 4 above, you make no use of any name or insignia used by Stanford University or any of its related institutions without the express written consent of SMRC.
8. You provide SMRC an **annual report** stating your Program(s) activities during the calendar year. Annual Reports are submitted online in January each year for the previous calendar year.
9. **To remain a certified T-Trainer for this Program**, you must complete certain Program trainings and workshops in accordance with the requirements in the Certification Guidelines posted on our website.

SMRC may terminate this permission at its discretion at any time upon written notice to you.

If you agree to the terms set forth above, check the box for the appropriate program above, complete and sign this form in the spaces provided below, and return both pages to certification@stanford.edu, or fax to 650-529-4616.

ATTN: This agreement/certification form will be countersigned by SMRC and a copy returned to you. You may not conduct any Master training until you have received the final, signed document.

Name:

Address:

City, State/Province, Country:

Telephone:

cell:

Email:

Dates Cross-Trained **online** (mm/ dd /yyyy):

Trainer’s name:

Signature: _____ Date: _____

FOR SMRC USE ONLY – SMRC APPROVAL

Diana Laurent, M.P.H.

Effective Date of Certification