Hyperglycemia

In the past week, did you ever have...

1. Increased thirst? .................................................. □ No □ Yes □ Don’t know
2. Dry mouth? ..................................................... □ No □ Yes □ Don’t know
3. Decreased appetite? ........................................... □ No □ Yes □ Don’t know
4. Nausea or vomiting? ........................................... □ No □ Yes □ Don’t know
5. Abdominal pain? ................................................ □ No □ Yes □ Don’t know
6. Frequent urination at night? (Do you have to get up to urinate 3 or more times a night?) .................. □ No □ Yes □ Don’t know
7. Severely high blood sugar (blood glucose readings of 300 mg or higher)? .......................... □ No □ Yes □ Don’t know

Scoring
Score items as follows: No="0", Yes="1", Don’t know=blank. Score is the sum of the seven items, with higher score indicating more hyperglycemia symptoms.

Characteristics
We have not tested this scale in English.

Source of Psychometric Data
We have not tested this scale in English.

Comments
This is an English translation of the Spanish hyperglycemia scale developed by John Piette. This scale has not been validated against clinical disease. It should be considered a scale of symptoms. Reprinted with permission. This scale available in Spanish.

References
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